

# EARTHEN RHYTHMS

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## CUSTOM RHYTHM EVENTS FOR PUBLIC SCHOOLS

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Earthen Rhythms has a great range of custom rhythm events for School involving **group drumming** that focuses on **community, leadership, listening** and **music**. The wellbeing component of our uplifting workshops aim to improve the social and emotional wellbeing of students.

- We offer a range of **high-energy, customised, interactive workshops** and **performances**. This means that every workshop is jam packed full of fun and excitement that is tailored to your group.
- It is so much fun they don't even know that they are learning, and challenging themselves.
- We focus **social & emotional wellbeing, community, leadership and music**, by using **rhythm, drums, movement, percussion, songs, dance and story telling**.
- Our **rhythm games** support vibrant rhythm creation to unlock their potential
- **Wellbeing exercises** and **team building** activities support leadership and **confidence building** and **personal growth**
- Group sizes can vary from small groups (Minimum of 10), through to large groups of 100+. No group is too large to experience the power of rhythm!



### **CUSTOM RHYTHM EVENTS - what a school gets as standard in our packages:**

- An interactive rhythm event that delivers **Key Learning Areas in Creative Arts, PDHPE & HSIE** and customised to **support your schools value system**.
- Exciting rhythm games to support **confidence building, listening** and **leadership skills**.
- A professional music facilitator to lead their rhythmic journey.
- Interactive stories, songs, cultural education and rhythm movement.
- Fully interactive participation, which means drums and percussion for everyone!

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## CONNECT | INSPIRE | EDUCATE

### THE DRUM EFFECT – Positive Health and Wellbeing of Drumming

- We target up to 52 Social and Emotional theme through our rhythm workshops
- Drumming can deliver improvement in:
  - Leadership
  - Listening skills
  - Respect
  - Patience
  - Cooperation
  - Left and right brain integration
  - Physical exercise
  - Decision making
  - Problem solving
  - Personal Health Choices
- Barry Bittman, MD, a researcher and neurologist, is head of the Mind-Body Wellness Centre, in Meadville, Pennsylvania USA. His research has shown that certain group drumming protocols can positively affect the immune system in your body. He has broken the AMA 'sound barrier' by proving that **drumming can have a measurable, reproducible, positive impact on many aspects of biology, psychology and social interaction**. Visit our website to learn more about how drumming can improve happiness.
- Earthen Rhythms Drum & Dance has 22 years experience of facilitating uplifting drum and dance workshops, and has brought the fun of the djembe to thousands of children throughout Australia.



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## MORE INFORMATION

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### Interactive and Uplifting Performances

- 30 minute high energy performance
- Interactive live show with dynamic audience participation
- Traditional outfits
- Singing, drumming and dancing
- Students will be uplifted by this program which introduces them to the world of West African music and culture.



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## BIG WORKSHOPS, SMALL COST

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All Rhythm Events are customised to suit your school's value system. Please discuss when booking.

### WORKSHOP PRICES:

- **1 hour workshop** (10 min/35 max students per workshop - **from \$385.**
- **2 X 1 hour workshop – From \$655.**
- **3 x 1 hour workshop - From \$850**
- **10 week Custom Rhythm Program – From \$5.50 per child**
- **Upbeat Interactive Performance (for 30mins) with 3 performers - From \$585.**

### Extras:

- Areas more than 1 hour from Newcastle CBD will incur extra travel costs – from \$50.
- Extra workshops - from \$230.
- Booking multiple weeks reduces the price of each workshop.

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## WORKSHOP DURATIONS:

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- Our most popular Workshop Duration is:
  - School Ages (5 - 13yrs) - 45 to 60 mins – from 1 to 10 weekly sessions.



### All Bookings:

**Email:** [info@earthenrhythms.org](mailto:info@earthenrhythms.org) or

**Phone:** Benjie 0407 177 564.

**Facebook:** Earthen Rhythms Drumming

For more information and testimonials see our [website](#).