

EARTHEN RHYTHMS

CUSTOM RHYTHM EVENTS FOR PUBLIC SCHOOLS

Earthen Rhythms has a great range of custom rhythm events for School involving **group drumming** that focuses on **community, leadership, listening and music**.

- We offer a range of **high-energy, customised, interactive workshops and performances**. This means that every workshop is jam packed full of fun and excitement that is tailored to your group.
- It is so much fun they don't even know that they are learning.
- We focus **community, leadership and music**, by using **rhythm, drums, movement, percussion, songs, dance and story telling**.
- Our **rhythm games** support vibrant rhythm creation.
- **Wellbeing exercises and team building** activities support leadership and **confidence building**.
- Group sizes can vary from small groups (Minimum of 10), through to large groups of 60+. No group is too large to experience the power of rhythm!



CUSTOM RHYTHM EVENTS - what a school gets as standard in our packages:

- An interactive rhythm event that delivers **Key Learning Areas in Creative Arts, PDHPE & HSIE** and customised to **support your schools value system**.
- Exciting rhythm games to support **confidence building, listening and leadership skills**.
- A professional music facilitator to lead their rhythmic journey.
- Interactive stories, songs, cultural education and rhythm movement.
- Fully interactive participation, which means drums and percussion for everyone!

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CONNECT | INSPIRE | EDUCATE

THE DRUM EFFECT – Positive Health and Wellbeing of Drumming

- Drumming is known to provide supportive pathways into the world of music. Learning drumming rhythms provides students with an understanding of timing, tempo and timbre. This has been shown to provide beneficial foundations for learning other music instruments later in life. But the benefits of drumming don't stop there.

- Drumming also fosters social inclusion skills:

- Leadership
- Good listening skills
- Respect
- Patience
- Cooperation
- Left and right brain integration
- Physical exercise
- Decision making
- Problem solving
- Personal Health Choices



- Barry Bittman, MD, a researcher and neurologist, is head of the Mind-Body Wellness Centre, in Meadville, Pennsylvania USA. His research has shown that certain group drumming protocols can positively affect the immune system in your body. He has broken the AMA 'sound barrier' by proving that **drumming can have a measurable, reproducible, positive impact on many aspects of biology, psychology and social interaction.**
- Earthen Rhythms Drum & Dance has 17 years experience of facilitating amazing drum and dance workshops, and has brought the fun of the djembe to thousands of children throughout Australia.

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MORE INFORMATION

Interactive and Uplifting Performances

- 30 minute high energy performance
- Interactive live show with dynamic audience participation
- Traditional outfits
- Singing, drumming and dancing
- Students will be uplifted by this program which introduces them to the world of West African music and culture.



BIG WORKSHOPS, SMALL COST

All Rhythm Events are customised to suit your school's value system. Please discuss when booking.

WORKSHOP PRICES:

- 1 hour workshop (10 min/35 max students per workshop - From \$385.
- 2 X 1 hour workshop – From \$655.
- 3 x 1 hour workshop - From \$935.
- **6 to 8 week Custom Rhythm Event Program** – from \$4 per child (minimum 200 children).
- Upbeat Interactive Performance (for 30mins) with 3 performers - from \$585.

Extras:

- Areas more than 1 hour from Newcastle CBD will incur extra travel costs – from \$50.
- Extra workshops - from \$200/hour.
- 50% Non-refundable deposit. All bookings incur a 50% non-refundable deposit before the workshop date is secured. Any unpaid bookings may result in other clients being given priority. (See quote or invoices for more details.)

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WORKSHOP DURATIONS:

- Recommended workshop duration:
 - School Ages (5 - 13yrs) - 45 to 60 mins
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To make a booking, contact:

Email: africandrumdance@gmail.com or

Phone: Benjie 0407 177 564.

Facebook: Earthen Rhythms Drumming

For more information and testimonials see our [website](#).

Workshops | Performances | Corporate Team Building | Schools | Drum Hire/Repair/Sales

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